



MY PERSONAL DEVELOPMENT PLAN



SANTHE
SUB-SAHARAN AFRICAN NETWORK
FOR TB/HIV RESEARCH EXCELLENCE
Advancing African Science. Fighting HIV/AIDS and TB

MY SHORT TERM GOALS

Large white dotted area for writing short-term goals.

WHERE AM I / PROGRESS TO DATE

Large white dotted area for writing progress to date.

SUPPORT I NEED

Large white dotted area for writing support needed.

MY LONG TERM GOALS

Large light blue dotted area for writing long-term goals.

WHERE AM I / PROGRESS TO DATE

Large light blue dotted area for writing progress to date.

SUPPORT I NEED

Large light blue dotted area for writing support needed.

MY PERSONAL DEVELOPMENT PLAN

AVAILABLE OPPORTUNITIES

Grid for writing available opportunities (left column).

AVAILABLE OPPORTUNITIES

Grid for writing available opportunities (right column).

ADVICE I NEED

Grid for writing advice needed (left column).

ADVICE I NEED

Grid for writing advice needed (right column).

Grid for writing available opportunities (bottom left column).

Grid for writing available opportunities (bottom right column).

STEPS I NEED TO TAKE NEXT YEAR

J
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STEPS TO ACHIEVING GOALS



5

MILESTONE ACHIEVED

4

MILESTONE ACHIEVED

3

MILESTONE ACHIEVED

2

MILESTONE ACHIEVED

1

MILESTONE ACHIEVED

KEY

Means specific achievable targets set for the immediate future (days, weeks, months or year) that serve as stepping stones towards a larger objective e.g. funding, mentorship, training.

Means broad significant objectives that take 1 to 5 years to accomplish and require sustained effort and planning e.g. graduate, publish, build personal brand.

The diagram shows a template for a Personal Development Plan. At the top is a red banner with the text "MY PERSONAL DEVELOPMENT PLAN" and the SANthe logo on the right. Below the banner are two columns. The left column has a yellow header "MY SHORT TERM GOALS" and a white dotted grid area. The right column has a grey header "MY LONG TERM GOALS" and a light blue dotted grid area. Arrows point from the definitions above to these sections.

Means what are the current possibilities or openings that can help you build skills, gain experience or progress toward your career goals.

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